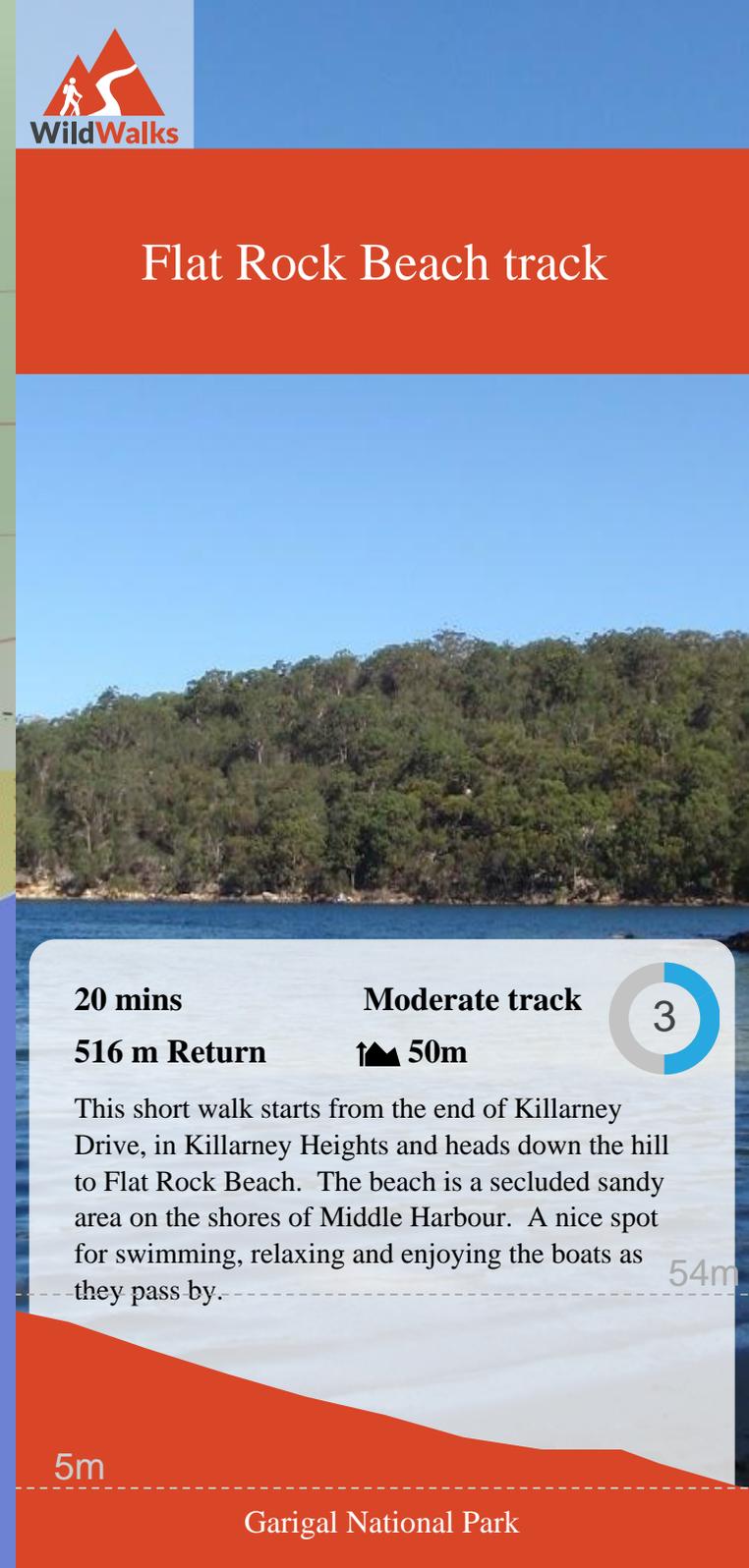


Flat Rock Beach track



20 mins

Moderate track



516 m Return

50m

This short walk starts from the end of Killarney Drive, in Killarney Heights and heads down the hill to Flat Rock Beach. The beach is a secluded sandy area on the shores of Middle Harbour. A nice spot for swimming, relaxing and enjoying the boats as they pass by.

54m

5m

Garigal National Park

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there You can get to End of Killarney Drive (gps: -33.7819, 151.2237) by car or bus. Car: There is free parking available.

This is a return, so you will finish back at the start.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/frbt>

0 | End of Killarney Drive

(40 m 1 mins) From the end of Killarney Drive, this walk heads past the 'Garigal National Park' sign and along the bush track, winding through the bush and down the rocky hill for a little while before coming to the intersection of 'Magazine Track' and 'Flat Rock Track'.

0.04 | Int of Flat Rock and Magazine Tracks

(190 m 5 mins) Continue straight: From the intersection, the walk follows the 'Magazine Track' sign along the rocky bush track, heading down the steep hill with the occasional set of wooden steps. The track flattens out and turns left, following the track markers down another rocky hill with another set of wooden steps. The track then flattens out again, coming to an intersection with a narrow bush track (heading down the hill to the right).

0.23 | Int of Magazine and Flat Rock Beach Tracks

(30 m 1 mins) Veer right: From the intersection, this walk follows the narrow bush track heading down the hill to the small beach at the bottom.

0.26 | Flat Rock Beach

Flat Rock Beach is a small, south-facing beach on Middle Harbour, in Garigal National Park. The sand is deposited on a rock shelf that pokes through in places, forming interesting sculptures. The beach is frequented by walkers and boaters enjoying their day by the water. The beach can be accessed by a bush track from the end of Killarney Drive, Killarney Heights. Historically, the beach was a popular picnic area and serviced by a ferry in the early 1900's. Today, there are no facilities, but some shade is provided by the trees at the back of the beach.

